



# Early Head Start 2022-2023 Annual Report

Lake Family Resource Center

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[www.lakefrc.org](http://www.lakefrc.org)

# Lake Family Resource Center

## Strengthening Our Community One Family at a Time

**Lake Family Resource Center (LFRC)** is a local non-profit organization with an annual budget of \$3.5 million and 54 employees providing child and family services throughout Lake County since 1995. LFRC current services include child and youth development, parenting education and personal development, family and community violence prevention, intervention, and treatment, and health and wellness.

In 1998, LFRC was awarded Head Start funding from the U.S. Department of Health and Human Services to provide Early Head Start Services to children ages zero to three and pregnant mothers living in Lake County. This is our third year of the five-year grant that began in May 2020 and continues through April 2025.

Lake Family Resource Center’s Board of Directors has the legal and fiscal responsibility that guides, directs, and oversees all policies established for the program. The Early Head Start Leadership Team implements the activities in partnership with parents and stakeholders to provide comprehensive services.

### Board of Directors

**Buz Dereniuk**  
*Chairperson*

**Stephanie Simon**  
*Vice Chairperson*

**John Tompkins**  
*Fiscal Representative*

**Sabrina Andrus**  
*Legal Representative*

**Ilene Dumont**  
*Secretary*

**Karlene Ellis**  
*Licensed Vocational Nurse*

**Becky Salato**  
*ECE Representative*

**Genee Woodson**  
*Former EHS Parent*

**Shelly Trumbo**  
*Board Member*

### EHS Leadership Team

**Lisa Morrow**  
*Executive Director*

**Kimberly Gentle**  
*EHS Director*

**Maria Diaz**  
*Associate Director*

**Michele Meek**  
*HR Director*

**Maggie Gonzalez**  
*Fiscal Manager*

**Vanessa Goodrich**  
*Family Services*

**Rebecca Joyce**  
*Site Supervisor*

**Amy Buchholz**  
*ERSEA Coordinator*

**Molly Keithly**  
*Health/MH/Disabilities*

### Policy Council Chairpersons

**Joanna Lovato**  
*PPC Chairperson*

**Stacia Wilson**  
*PPC Vice Chairperson*

**Angela Cuellar-Marroquin**  
*Community Representative*

The Early Head Start Program’s funded enrollment is 74 slots with 52 being served in our Home Base option that encompasses the entire County and 22 in our Child Development Center which is in the City of Lakeport.

### Who did Early Head Start serve in 2022-2023?

Total Number of Children: <b>81</b>	Total Number of Pregnant Women: <b>6</b>	Total Cumulative Enrollment: <b>87</b>
Income at or Below 100%: <b>32</b>	Income between 100 - 130%: <b>7</b>	Families receiving TANF: <b>20</b>
Families Receiving SSI: <b>8</b>	Families Receiving CalFresh: <b>35</b>	Families Receiving WIC: <b>65</b>
Number Experiencing Homelessness: <b>8</b>	Number of Children in Foster Care: <b>9</b>	Number of Teen Parents: <b>3</b>
Children with a IFSP Receiving Part C Services: <b>21</b>	Number of Parents on Active Duty or Veterans: <b>2</b>	Average Monthly Center Enrollment: <b>97.62%</b>
Single Parent Households: <b>26</b>	Two Parent Households: <b>44</b>	Total Number of Families: <b>70</b>
Children with ongoing Health Care: <b>80</b>	Children with ongoing Dental Care: <b>28</b>	Children up to date on Immunizations: <b>58</b>

## **Dental Exams**

The majority of the children in our program have their preventative and primary oral health care checks conducted during the well-child exams with their physician and do not have a primary pediatric dentist. To ensure access to an oral health care professional, our program offers dental screenings by a local dentist twice a year as our county has a limited number of pediatric dentists to see the zero to three population. During the 2022-2023 program year, 28 children received a dental screening provided at our site. As reported in our Program Information Report, 28 children received dental exams by their primary dentist during the program year.

## **Health Insurance**

We are happy to report that 100% of the children and 100% of the pregnant women in our program had at least one type of health insurance during the program year.

## **Accessible Health Care and Immunizations**

Over 98% of the children in our program had an on-going source of continuous, accessible health care provided by a health care professional during the program year. Of the 81 children, 62 were up to date on a schedule of appropriate preventative and primary care and 58 were up to date on all immunizations according to California EPSDT schedule for well-child exams. 83% of the pregnant women in EHS had accessible health care that maintained their health records. All 6 pregnant women received prenatal and postpartum health care.

## **Early Head Start Services and Parent Involvement**

Lake Family Resource Center believes parents are their children's first and primary teachers and their lifelong educators, so our programs partner with parents to provide the richest learning environment possible for young children. We work together to provide fun and enriching activities to support children's physical, mental, emotional, and social development through both individual and group learning experiences in both the child development center and in the home-based option. Our Early Head Start program promotes healthy family functioning and provides individualized support. We encourage parent involvement throughout

our program with a variety of opportunities including in the classroom, at program events, in the Child Health Advisory Committee and the Parent Policy Council that partners with the agency's Board of Directors to establish program policies and guidelines.

## **School-Readiness Preparation for Pre-School and Beyond**

Lake Family Resource Center's Early Head Start Programs primary goal is to improve the overall developmental competence of the young children in our program. Thus, LFRC's EHS program has developed School Readiness Goals that are aligned with the Head Start Child Development and Early Learning Framework and the California Infant/Toddler Foundation.

Data for measuring each child's progress in meeting the School Readiness Goals comes from the following instruments: Creative Curriculum's Infants, Toddlers and Two's Curriculum, Partners for a Healthy Baby, and Teaching Strategies GOLD Assessment Data. Additional data resources are obtained from Child Plus Reports, Parent Reports, Child Health, and Disability Records.

The expectation is that our school readiness goals will improve the overall development competence in the children we serve, and the data will indicate that when children leave Early Head Start, they will

- demonstrate improved health and development.
- demonstrate improved social behavior and emotional well-being.
- demonstrate improved positive approach toward learning.
- demonstrate improved language and literacy development.
- demonstrate improved cognition and general knowledge.

Data collected by the program identifies strengths and areas of improvement within the program. The combination of data analysis provides direction on how we support teachers and home visitors in their efforts toward continuous improvement of the implementation of the curriculum and to improve the quality, planning and aid in identifying professional development.

# Early Head Start Financials

## Proposed Budget 2022-2023

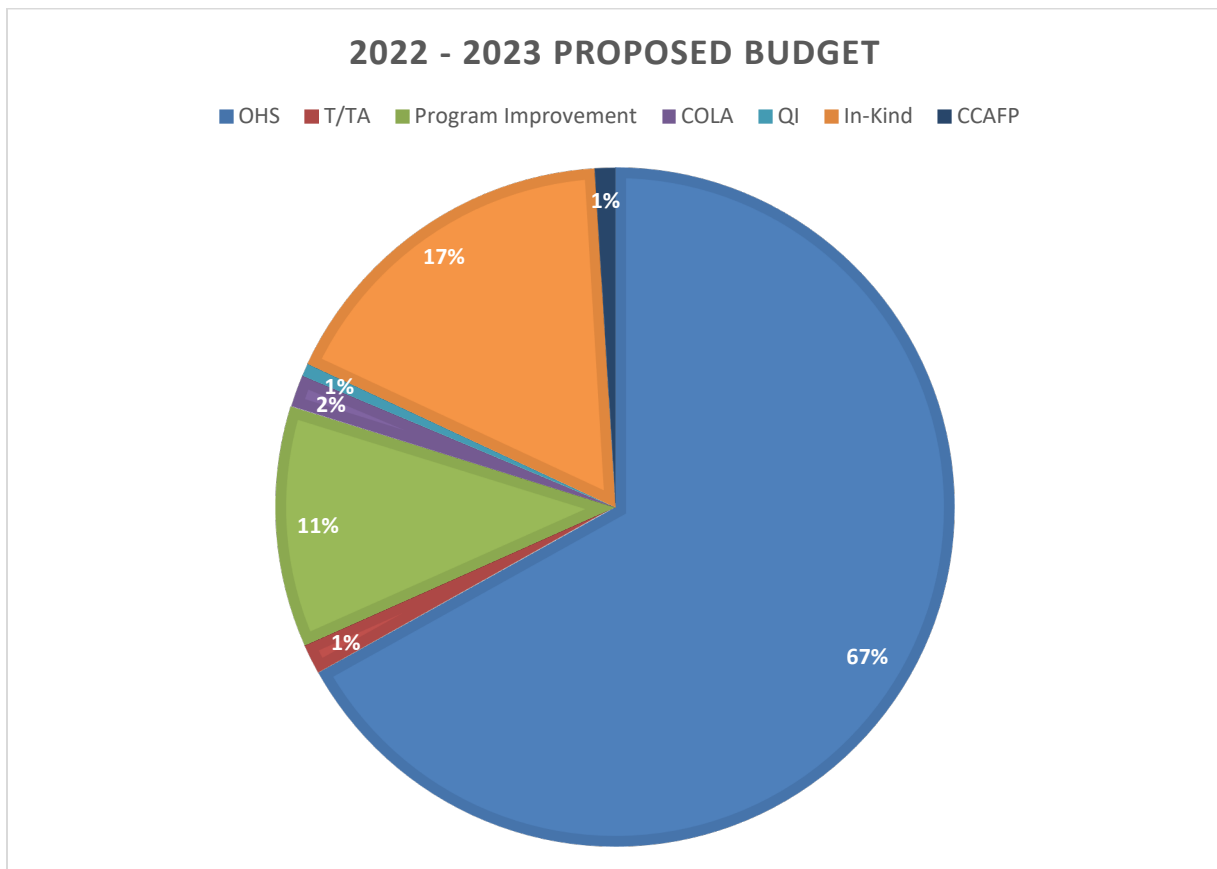
ACF Office of Head Start: \$1,051,229

Training and Technical Assistance: \$22,617

Non-Cash In-kind: \$268,462

USDA Childcare Food Program: \$15,000

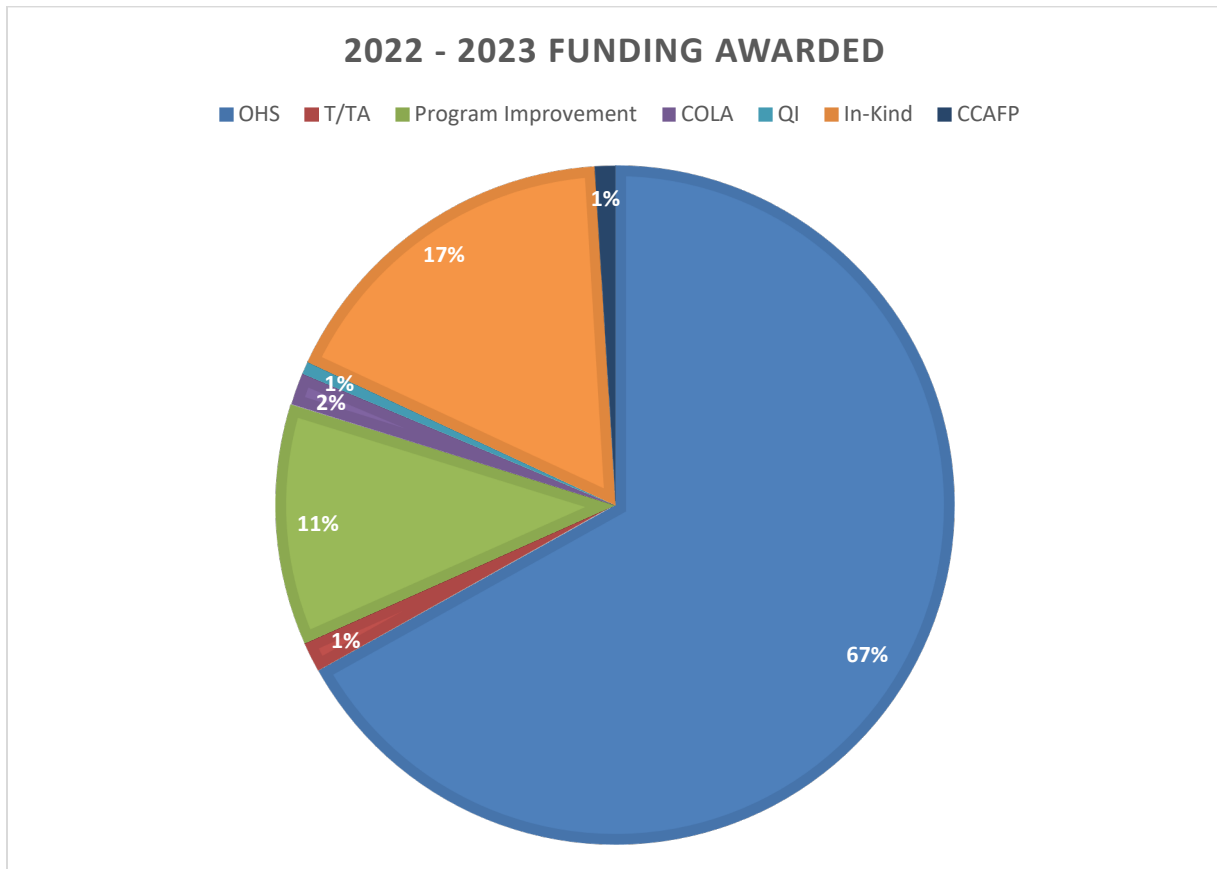
**Total Proposed 2022-2023 Budget: \$1,357,308**



## Annual Funding Awarded 2022-2023

ACF Office of Head Start: \$1,051,229  
Training and Technical Assistance: \$22,617  
Program Improvement: \$179,822  
Cost of Living Allowance: \$23,968  
Quality Improvement: \$10,000  
Non-Cash In-kind: \$268,462  
USDA Childcare Food Program: \$15,201

**Total 2022-2023 Award: \$1,571,299**



## Actual Expenditures 2022-2023

**Personnel:** \$915,214

**Travel:** \$11,909

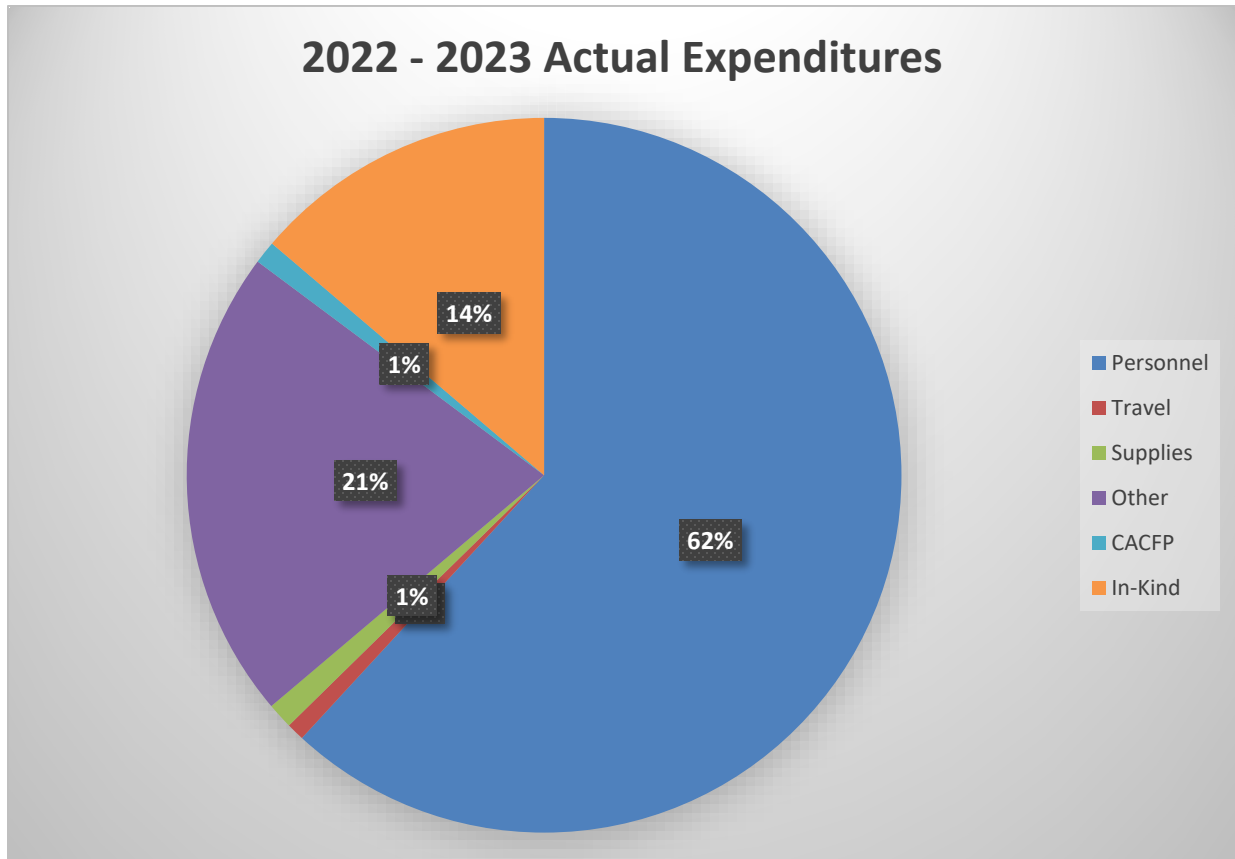
**Supplies:** \$17,254

**Other:** \$316,337

**USDA Childcare Food Program:** \$15,201

**In-Kind:** \$203,792

**Total 2021-2022 Actual Expenditures:** \$1,479,707





## Proposed Budget 2023-2024

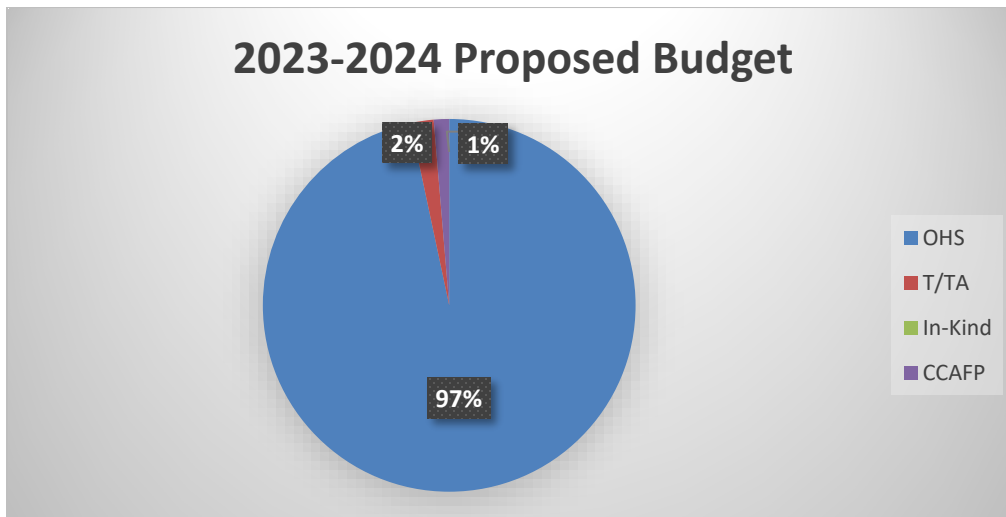
**ACF Office of Head Start:** \$1,090,542

**Training and Technical Assistance:** \$22,617

**Non-Cash In-kind:** \$0.00 (waived for the program year)

**USDA Childcare Food Program:** \$15,000

**Total Proposed 2022 - 2023 Budget:** \$1,128,159



### Reviews by Office of Head Start

From July 19, 2021, to July 23, 2021, the Administration for Children and Families (ACF) conducted a Focus Area One Monitoring Review of the Lake Family Resource Center’s Early Head Start program. The program will receive its Focus Area Two Monitoring Review in the 2023-2024 Program year.

### Financial Audit

We received our most recent financial audit from an independent auditor, Vasin, Heyn & Company, indicating that Lake Family Resource Center’s Early Head Start Program complied with all requirements as described in U.S. Office of Management Uniform Administrative Requirements, Cost Principles, and Audit Requirements for the period of July 1, 2021, through June 30, 2022.

For more information on Lake Family Resource Center’s  
EARLY HEAD START PROGRAM, please call us at (707) 279-0563  
or visit us at [www.lakefrc.org](http://www.lakefrc.org)