



Lake Family Resource Center

Early Head Start 2021-2022 Annual Report

Lake Family Resource Center

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Lake Family Resource Center

Strengthening Our Community
One Family at a Time

Lake Family Resource Center (LFRC) provides critical child and family services throughout Lake County since 1995. LFRC is a private non-profit organization with an annual budget of \$4.5 million and 54 employees. The agency is an integrated human services organization and provides Early Head Start, Behavior Health Services, Domestic Violence Shelter and advocacy services, a Rape Crisis Center, Anti Human Trafficking, Teen Parenting Services, Early Start Services and operates an area Senior Services Center.

In 1998, we were awarded our first Head Start grant from the U.S. Department of Health and Human Services to provide Early Head Start Services to children ages zero to three and pregnant mothers living in Lake County. This is our final year of the five-year grant that began in May 2015 and continued through April 2020.

Lake Family Resource Center's Board of Directors has the legal and fiscal responsibility that guides and oversees policies established for the program. Those policies and procedures are implemented by the Early Head Start Leadership Team.

Board of Directors

Buz Dereniuk
Chairperson

Stephanie Simon
Vice Chairperson

John Tompkins
Fiscal Representative

Sabrina Andrus
Legal Representative

Ilene Dumont
Secretary

Karlene Ellis
Licensed Vocational Nurse

Becky Salato
ECE Representative

Genee Woodson
Former EHS Parent

Shelly Trumbo
Board Member

EHS Leadership Team

Lisa Morrow
Executive Director

Kimberly Gentle
EHS Director

Maria Diaz
Associate Director

Michele Meek
HR Director

Maggie Gonzalez
Fiscal Manager

Marie Henry
EHS Fiscal Officer

Vanessa Goodrich
Family Services

Rebecca Joyce
Site Supervisor

Amy Buchholz
ERSEA Coordinator

Molly Keithly
Health/MH/Disabilities

Policy Council Chairpersons

Joanna Lovato
PPC Chairperson

India Mendonca
PPC Vice Chairperson

Angela Cuellar-Marroquin
Community Representative

The Early Head Start Program’s funded enrollment is 74 slots with 52 being served in our Home Base option that encompasses the entire County and 22 in our Child Development Center which is in the City of Lakeport.

Who did Early Head Start serve in 2021-2022?

Total Number of Children: 114	Total Number of Pregnant Women: 11	Total Number Families Served: 102
Number of Single Parents: 45	Number of Two Parent Families: 57	Number of Homeless: 20
Income Below 100% 51	Public Assistance: 26	Foster Children: 14
Teen Parents: 4	Children with a Disability: 23	Average Monthly Enrollment: 98.05
Children with Medical Home: 114	Children with Dental Home 40	Children up to date on IZ's: 84

Dental Exams

Most of the children in our program have preventative and primary oral health care checks at their primary physicians during their well-baby check-ups. Our program offers dental screenings by a local dentist twice a year during home-base socializations and at center parent meetings as our County has a very limited number of pediatric dentists to see the zero to three population. During the 2021-2022 program year, 24 children received a dental screening provided by a local dentist at one of our sites. As reported in our Program Information Report, 40 children received dental exams by their primary dentist during the program year. Numbers continued to be low during the program year due to ongoing struggles with the pandemic.

Medical Exams

We are happy to state that 94.9% of the children in our program had an on-going source of continuous, accessible health care during the program year and 100% of our pregnant women had at least one type of health insurance. Of the 96 children, 81 were up to date on age-appropriate preventive and primary health care exams according to California's EPSDT schedule for well-child exams.

Early Head Start Services and Parent Involvement

Lake Family Resource Center believes parents are their children's first and primary teachers and their lifelong educators, so our programs partner with parents to provide the richest learning and developing environment possible for young children. We work together to provide fun and enriching activities to support children's physical, mental, emotional, and social development through both individual and group learning experiences in both the child development center and in the home-based option. Our Early Head Start program promotes healthy family functioning and provides individualized support. We encourage parent involvement throughout our program with a variety of opportunities including in the Child Health Advisory Committee and the Parent Policy Council that partners with the agency's Board of Directors to establish program policies and guidelines.

School-Readiness Preparation for Pre-School and Beyond

Lake Family Resource Center's Early Head Start Programs primary goal is to improve the overall developmental competence of the young children in our program. Thus, LFRC's EHS program has developed School Readiness Goals that are aligned with the Head Start Child Development and Early Learning Framework and the California Infant/Toddler Foundation.

Data for measuring each child's progress in meeting the School Readiness Goals comes from the following instruments: Creative Curriculum's Infants, Toddlers and Two's Curriculum, Creative Curriculum's Learning Games and Teaching Strategies GOLD Assessment Data. Additional data resources are obtained from Child Plus Reports, Parent Reports, Child Health, and Disability Records.

The expectation is that our school readiness goals will improve the overall development competence in the children we serve, and the data will indicate that when children leave Early Head Start, they will

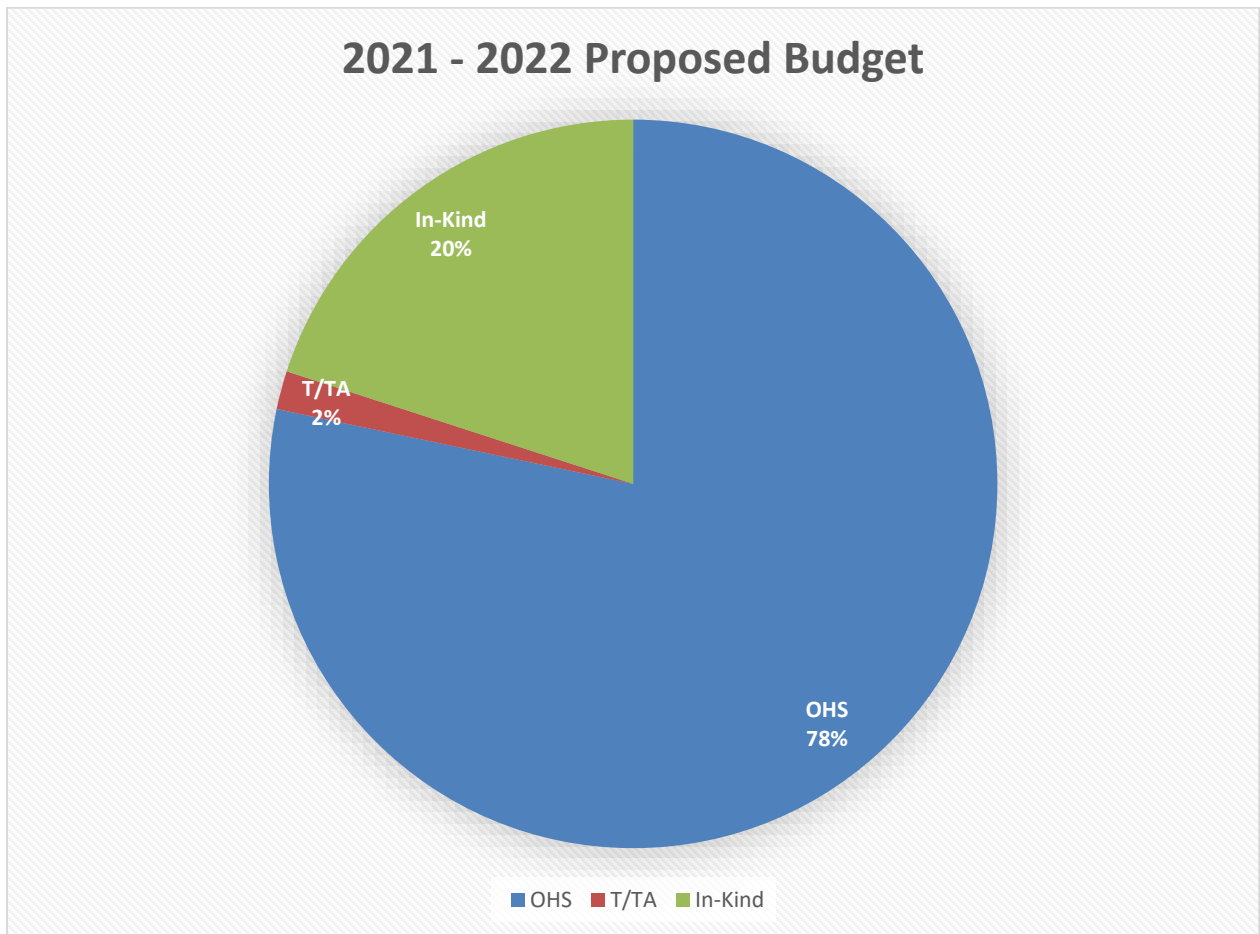
- demonstrate improved health and development.
- demonstrate improved social behavior and emotional well-being.
- demonstrate improved positive approach toward learning.
- demonstrate improved language and literacy development.
- demonstrate improved cognition and general knowledge.

Data collected by the program identifies strengths within the program in the center and home-base option. The combination of data analysis provides direction on how we support teachers and home visitors in their efforts toward continuous improvement of the implementation of the curriculum and to improve the quality, planning and aid in identifying professional development.

Early Head Start Financials

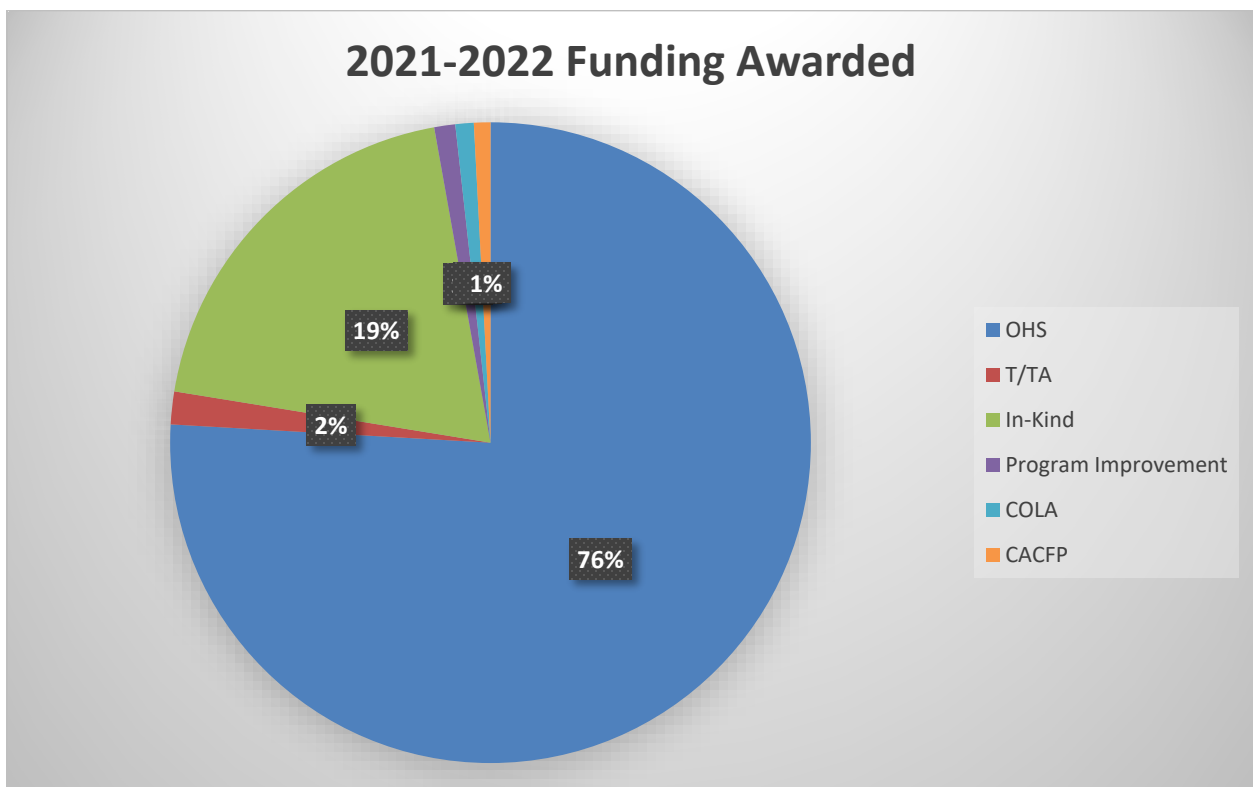
Proposed Budget 2021-2022

ACF Office of Head Start- \$1,038,559
Training and Technical Assistance- \$22,617
Non-Cash In-kind- \$265,294
Total 2021 - 2022 Proposed Budget- \$1,326,470



Annual Funding Awarded 2021-2022

ACF Office of Head Start- \$1,038,559
Training and Technical Assistance- \$22,617
Program Improvement: \$14,496
Cost of Living Allowance: \$12,670
USDA Childcare Food Program: \$11,365
Non-Cash In-kind- \$268,462
Total 2021-2022 Award – \$1,368,169



Actual Expenditures 2021-2022

Personnel - \$829,246

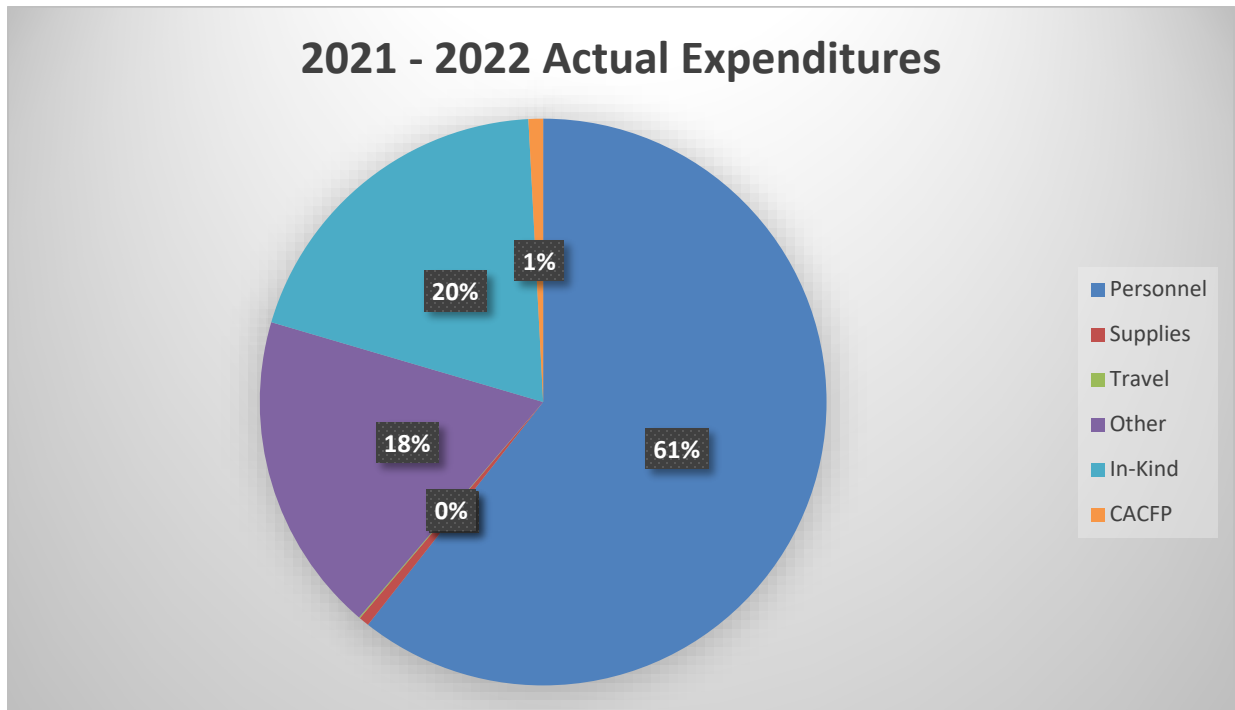
Supplies - \$7,997

Other - \$250,241

In-Kind - \$268,462

CACFP - \$11,365

Total 2021-2022 Actual Expenditures- \$1,368,173



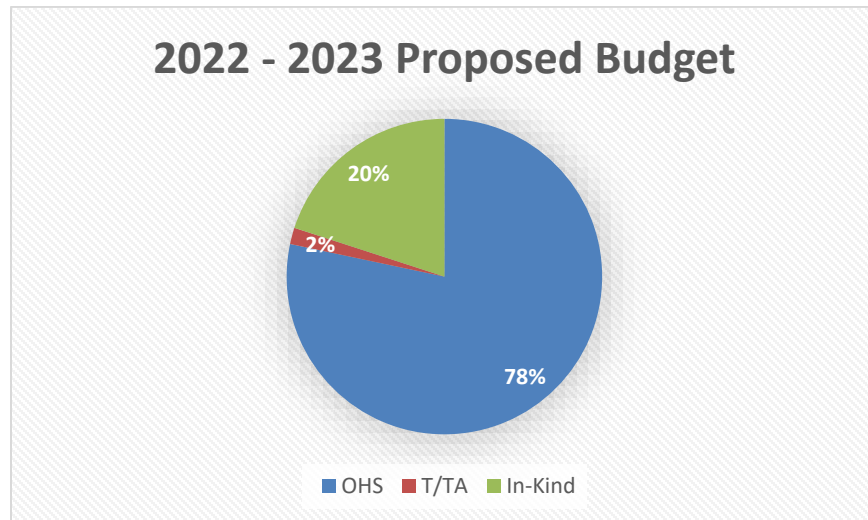
Proposed Budget 2022-2023

ACF Office of Head Start- \$1,051,229

Training and Technical Assistance- \$22,617

Non-Cash In-kind- \$268,462

Total Proposed 2022 - 2023 Budget- \$1,342,308



Reviews by Office of Head Start

From 3/15/2016 to 3/17/2016, the Administration for Children and Families (ACF) conducted a Head Start Key Indicators-Compliant Review (HSKI-C) for the Lake Family Resource Center's Early Head Start program. Based on the information gathered, no area of non-compliance was found during the review.

Financial Audit

We received our most recent financial audit from an independent auditor, Vasin, Heyn & Company, indicating that Lake Family Resource Center's Early Head Start Program complied with all requirements as described in U.S. Office of Management Uniform Administrative Requirements, Cost Principles, and Audit Requirements for the period of July 1, 2020 thru June 30, 2021.

For more information on Lake Family Resource Center's
EARLY HEAD START PROGRAM, please call us at (707) 279-0563
or visit us at www.lakefrc.org