



Early Head Start 2019-2020 Annual Report

Lake Family Resource Center
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Lake Family Resource Center

Strengthening Our Community
One Family at a Time

Lake Family Resource Center (LFRC) provides critical child and family services throughout Lake County since 1995. LFRC is a private non-profit organization with an annual budget of \$3.5 million and over 50 employees. The agency is an integrated human services organization and provides Early Head Start, Behavior Health Services, a Domestic Violence Shelter, a Rape Crisis Center, Teen Parenting Services and Early Start Services.

In 1998, we were awarded our first Head Start grant from the U.S. Department of Health and Human Services to provide Early Head Start Services to children ages zero to three and pregnant mothers living in Lake County. This is our fifth year of a five year grant that began May 2015 and continued thru April 2020.

Lake Family Resource Center’s Board of Directors has the legal and fiscal responsibility that guides and oversees policies established for the program. Those policies and procedures are implemented by the Early Head Start Leadership Team.

Board of Directors

Andrew Peterson <i>Chairperson</i>	Buz Dereniuk <i>Vice Chairperson</i>
John Tompkins <i>Fiscal Representative</i>	Richard Freeborn <i>Legal Representative</i>
Donna Becnel <i>Secretary/Treasurer</i> <i>ECE Representative</i>	Karlene Ellis <i>Board Member</i> <i>Licensed Vocational Nurse</i>
Stephanie Simon <i>Board Member</i>	Ilene Dumont <i>Board Member</i>
Genee Woodson <i>Former EHS Parent</i>	

EHS Leadership Team

Lisa Morrow <i>Executive Director</i>	Kimberly Gentle <i>EHS Director</i>
Maria Diaz <i>Associate Director</i>	Michele Meek <i>HR Director</i>
Maggie Gonzalez <i>Fiscal Manager</i>	Marie Henry <i>EHS Fiscal Officer</i>
Jaleen White <i>Family Services</i>	Amy Buchholz <i>Center Supervisor</i>
Jami White <i>ERSEA Coordinator</i>	Molly Keithly <i>Health/MH/Disabilities</i>

Policy Council Members

Sarah Ochoa <i>PPC Chairperson</i>	Ruth Porter <i>PPC Vice Chairperson</i>	Angela Cuellar-Marroquin <i>Community Representative</i>	Kimberly Guerra <i>Community Representative</i>
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The Early Head Start Program’s funded enrollment is 74 slots with 52 being served in our Home Base option that encompasses the entire County and 22 in our Child Development Center which is located in Lakeport.

Who did Early Head Start serve in 2019-2020?

Total Number of Children: 125	Total Number of Pregnant Women: 17	Total Number Families Served: 141
Number of Single Parents: 72	Number of Two Parent Families: 70	Number of Homeless: 21
Income Below 100% 62	Public Assistance: 26	Foster Children: 19
Teen Parents: 1	Children with a Disability: 20	Average Monthly Enrollment: 96%
Children with Medical Home: 113	Children with Dental Home 68	Children up-to-date on IZ's: 89

Dental Exams

The majority of the children in our program have preventative and primary oral health care checks at their primary physicians during their well-baby check-ups. Our program offers dental screenings by a local dentist twice a year during home-base socializations and at center parent meetings as our County has a very limited number of pediatric dentists to see the zero to three population. During the 2019-2020 program year, 57 children received a dental screening provided by a local dentist at one of our sites. As reported in our Program Information Report, 32 children received dental exams by their primary dentist during the program year.

Medical Exams

We are happy to state that 99% of the children in our program had an on-going source of continuous, accessible health care during the program year and 98% of our pregnant women had at least one type of health insurance. Of the 125 children, 113 were up-to-date on age-appropriate preventive and primary health care exams according to California's EPSDT schedule for well-child care exams.

Early Head Start Services and Parent Involvement

Lake Family Resource Center believes that parents are their children's first and primary teachers as well as their lifelong educators so our programs partner with parents to provide the richest learning and developing environment possible for young children. We work together to provide fun and enriching activities to support children's physical, mental, emotional and social development through both individual and group learning experiences in both the child development center and in the home-base option. Our Early Head Start program promotes healthy family functioning and provides individualized support. We encourage parent involvement throughout our program with a variety of opportunities including in the Child Health Advisory Committee and the Parent Policy Council that partners with the agency's Board of Directors to establish program policies and guidelines.

School-Readiness Preparation for Pre-School and Beyond

Lake Family Resource Center's Early Head Start Programs primary goal is to improve the overall developmental competence of the young children in our program. Thus, LFRC's EHS program has developed School Readiness Goals that are aligned with the Head Start Child Development and Early Learning Framework and the California Infant/Toddler Foundation.

Data for measuring each child's progress in meeting the School Readiness Goals comes from the following instruments: Creative Curriculum's Infants, Toddlers and Two's Curriculum, Creative Curriculum's Learning Games and Teaching Strategies GOLD Assessment Data. Additional data resources are obtained from Child Plus Reports, Parent Reports, Child Health and Disability Records.

The expectation is that our school readiness goals will improve the overall development competence in the children we serve and the data will indicate that when children leave Early Head Start, they will

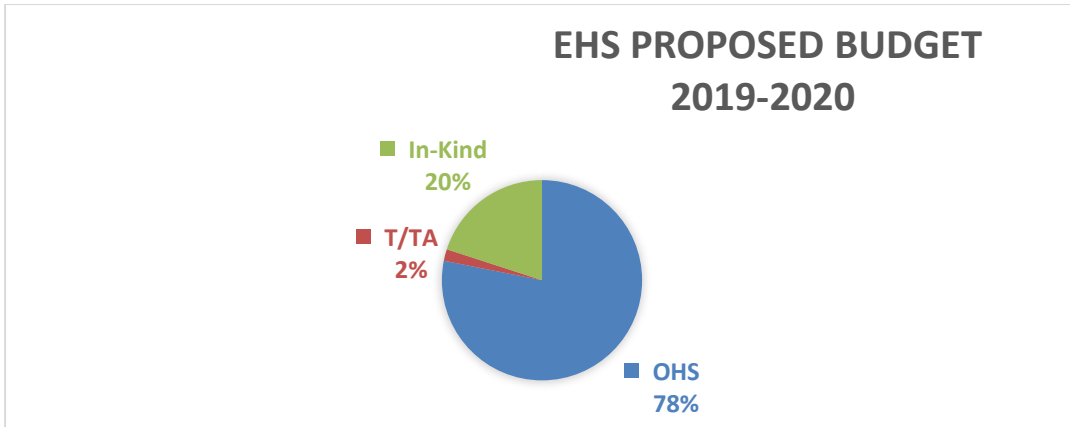
- demonstrate improved health and development
- demonstrate improved social behavior and emotional well-being
- demonstrate improved positive approach toward learning
- demonstrate improved language and literacy development
- demonstrate improved cognition and general knowledge

Data collected by the program identifies areas of strengths within the program in both the center and home-base option. The combination of data analysis provides direction on how we support teachers and home visitors in their efforts toward continuous improvement of the implementation of the curriculum and to improve the quality, planning and aid in identifying professional development.

Early Head Start Financials Proposed Budget 2019-2020

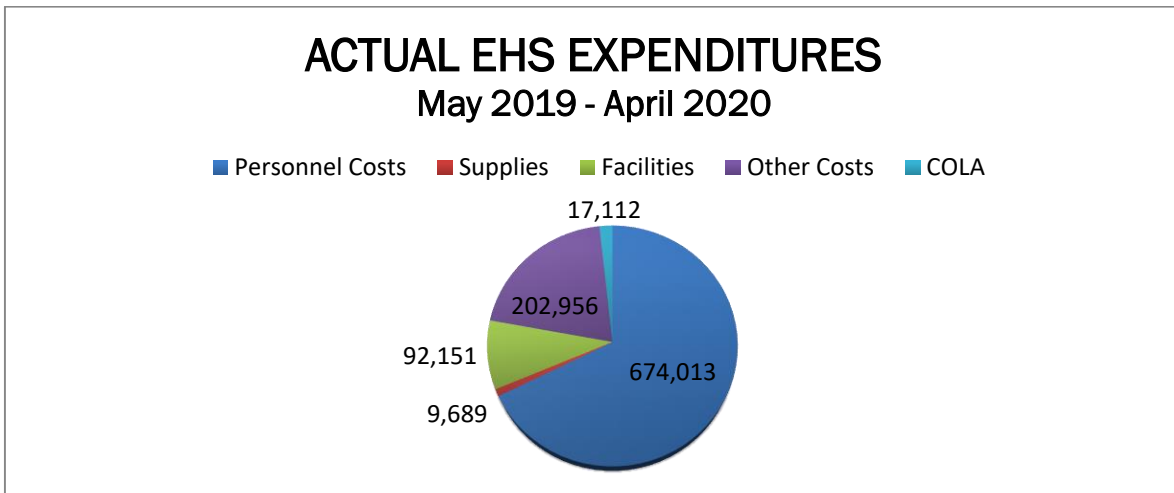
ACF Office of Head Start- \$966,769
 Training and Technical Assistance- \$22,617
 Non-Cash In-kind- \$251,625

Total 2019-2020 Proposed Budget- \$1,241,011



ACF Office of Head Start- \$942,274
 Training and Technical Assistance- \$22,617
 Program Improvement: \$26,513
 Cost of Living Allowance: \$ 24,499
 USDA Childcare Food Program- \$15,000
 Non-Cash In-kind- \$367,755

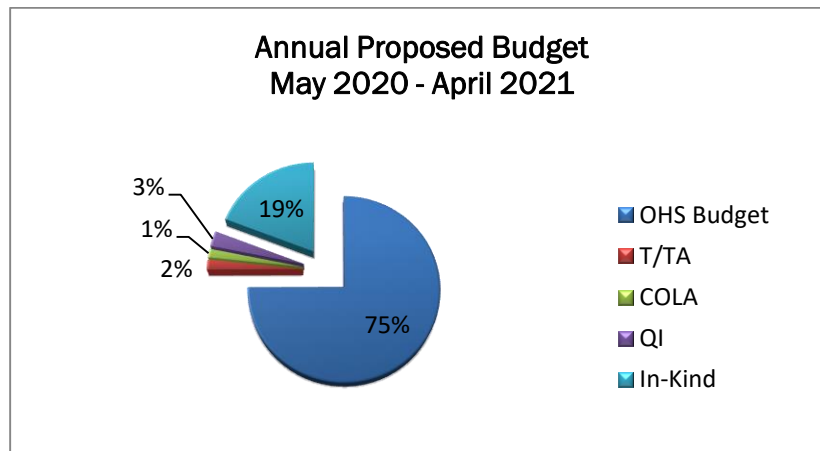
Total 2019-2020 Actual Expenditures- \$1,269,934



EHS Proposed Budget May 2020-2021

ACF Office of Head Start- \$983,881
Training and Technical Assistance- \$22,617
Cost of Living Allowance: \$ 19,678
Quality Improvement: \$ 35,000
Non-Cash In-kind- \$251,624

Total Proposed 2020-2021 Budget- \$1,312,800



Reviews by Office of Head Start

From 3/15/2016 to 3/17/2016, the Administration for Children and Families (ACF) conducted a Head Start Key Indicators-Compliant Review (HSKI-C) for the Lake Family Resource Center's Early Head Start programs. Based on the information gathered, no area of non-compliance was found during the course of the review.

Financial Audit

We received our most recent financial audit from an independent auditor, Vasin, Heyn, & Company, indicating that Lake Family Resource Center's Early Head Start Program complied with all requirements as described in U.S. Office of Management Uniform Administrative Requirements, Cost Principles, and Audit Requirements for the period of July 1, 2018 thru June 30, 2019.

For more information on Lake Family Resource Center's EARLY HEAD START PROGRAM, please call us at (707) 279-0563 or visit us at www.lakefrfc.org