



**Lake Family Resource Center**

# **Early Head Start 2014-2015 Annual Report**

**Lake Family Resource Center  
5350 Main Street  
Kelseyville, CA 95451  
707.279.0563**

# Lake Family Resource Center

*Strengthening Our Community  
One Family at a Time*

**Lake FRC** provides critical child and family services throughout Lake County since 1995. The agency is an integrated human services organization and provides Early Head Start, Behavior Health services, a Domestic Violence Shelter and support, a Rape Crisis Center, Child Abuse Prevention, Intervention, and Treatment services, Nurturing Parenting Classes, as well as nutrition and health information. We believe in working with people where they are and building on existing strengths to create stronger, safer and more stable families. Lake FRC provides services throughout Lake County and each year services approximately 7% of the County's total population (c. 65,000). Our client base is 95% low income with approximately 50% of those being at or below the Federal Poverty Level.

In 1998, we were awarded our first Head Start grant from the U.S. Department of Health and Human Services to provide Early Head Start Services to children ages zero to three and pregnant mothers living in Lake County. This will be our last year of an indefinite grant period as we move into the definite project period of five years beginning in May 2015.

For the past nineteen years, the Early Head Start program has provided early, comprehensive child development and family support services to pregnant mothers, infants and toddlers and their families.

Lake FRC, a private non-profit organization has an annual budget of nearly \$2 million and employs over 40 employees out of offices in Kelseyville, Lakeport and Lower Lake.

Our vision is to serve Lake County to achieve safe, sustainable, and healthy families and communities.

Our mission is to strengthen our community one family at a time.

Our Statement of Philosophy is:

- We believe everyone deserves a stable and healthy family life;
- We strengthen a family’s ability to become safe and self-sufficient;
- We work toward family wellness, which encompasses, physical, emotional, spiritual, and economic wealth
- We strive to connect families with community resources that meet their needs; and
- We treat people with dignity and respect.

Structurally, Lake FRC’s Board of Directors has the legal and fiscal responsibility that guides and oversees policies established for the program. Those policies and procedures are implemented by EHS’s Leadership Team.

### Board of Directors

<b>Bill Cornelison</b> <i>Board Member</i>	<b>Ilene Dumont</b> <i>Board Member</i>
<b>Steve Estrada</b> <i>Board Member</i>	<b>Barbara Flynn</b> <i>Board Member</i>
<b>Richard Freeborn</b> <i>Board member</i>	<b>James Hilton</b> <i>Board Chair</i>
<b>Flora Krasnovsky</b> <i>Board Secretary</i> <i>ECE Background Member</i>	<b>Andrew Peterson</b> <i>Board Vice Chair</i>
<b>Maria Shepherd</b> <i>Former EHS Parent</i>	<b>John Tompkins</b> <i>Fiscal Background Member</i> <i>Board Treasurer</i>
<b>Flora Krasnovsky</b> <i>Board Secretary</i> <i>ECE Background Member</i>	

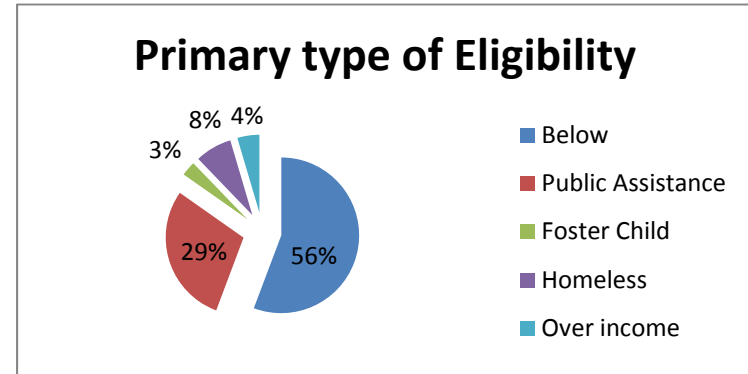
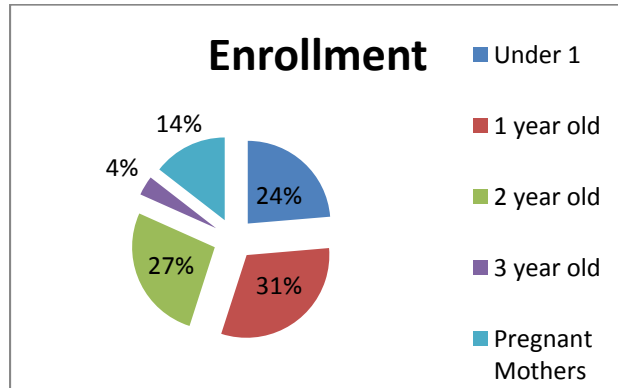
### EHS Leadership Team

<b>Gloria Flaherty</b> <i>Executive Director</i>	<b>Molly Keithly</b> <i>Health/Disabilities/MH</i> <i>Coordinator</i>
<b>Stephanie Lilly</b> <i>Director of Programs</i>	<b>Jami White</b> <i>Education Coordinator</i>
<b>Kimberly Gentle</b> <i>Early Head Start Director</i>	<b>Rocio Kelley</b> <i>Family Services Coordinator</i>
<b>Lisa Fronsman</b> <i>Fiscal Director</i>	<b>Maria Diaz</b> <i>Center Coordinator</i>
<b>Michele Meek</b> <i>Human Resource Director</i>	<b>Debbie Jones</b> <i>Program Secretary</i>
<b>Kati Galvani</b> <i>ERSEA/Governance Coordinator</i>	

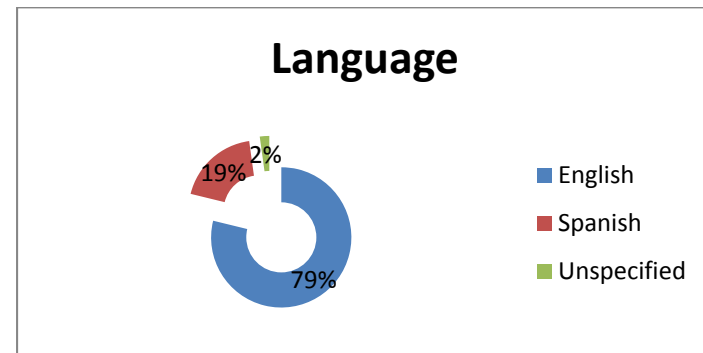
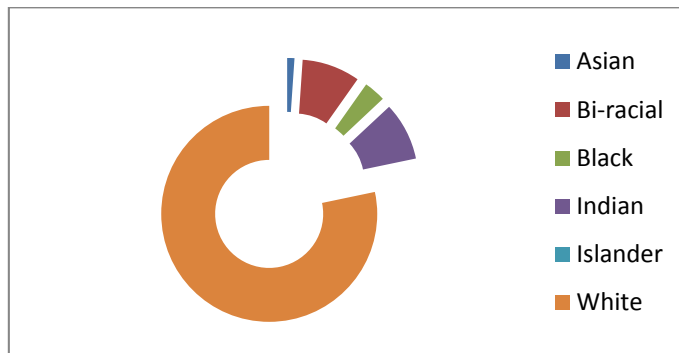
**With the passage of the Head Start Reauthorization Act of 2007, each Head Start Agency shall make available to the public a report published at least once each fiscal year that discloses information from the most recently concluded fiscal year. The information required in the annual report is contained in the following pages.**

- **Our program provides services to pregnant women and families with children zero to three who are at or below the federal poverty guidelines living in Lake County.**
- **Are funded enrollment is 74 slots with 52 being served in our Home Base option which encompasses our entire County and 22 in our Child Development Center that is located in Lakeport.**
- **Families qualify for our program by having income below the federal poverty line, are a recipient of public assistance, have a foster child in their care and/or are homeless.**
- **Some enrollees may exceed the allowed over income enrollment with family incomes ranging between the 100% and 130% of the federal poverty line only when income eligible participants are exhausted.**
- **Our enrollment year begins May 1<sup>st</sup> and ends on April 30<sup>th</sup>.**
- **Our cumulative enrollment for the 2012-2013 program year was 131 with 14 participants being pregnant women.**

The graph below indicates our enrollment by Eligibility.



- Of the 131 participants, 40 were of Hispanic or Latino origin and 91 identified themselves as Non-Hispanic or Non-Latino origin.
- The graph below indicates the Race and Language of our participants.



## **Early Head Start Services and Parent Involvement Opportunities include:**

Child Development Education  
Health Education  
Mental Health Education  
Disabilities Education  
Dental Education

Nutrition Education  
Prenatal Education  
School-Readiness Education  
Resources and Referrals  
Linkages to Community

Home Visiting  
Parent Meetings  
Family Socializations  
Family Support  
Transportation

Lake Family Resource Center houses multiple programs that are integrated to provide necessary support to many families struggling with challenging issues. These include a Domestic Violence Prevention, Counseling and Shelter, Rape Crisis Center, Child Abuse Prevention, Child Abuse Treatment Program, Differential Response, Teen Parenting, Early Head Start, Nurturing Parenting Classes, Tobacco Education, Health Insurance Application Assistance, Adolescent Life Skills and Pregnancy Prevention and Mental Health Services. In addition, the agency has strong linkages established with programs such as Easter Seals, Early Start, Migrant and Tribal Programs to ensure our participants can access their resources.

Lake Family Resource Center believes that parents are their children's first and primary teachers as well as their lifelong educators so our programs partner with parents to provide the richest learning and developing environment possible for young children. We work together to provide fun and enriching activities to support children's physical, mental, emotional and social development through both individual and group learning experiences. Our Early Head Start program promotes healthy family functioning and provides individualized support. We encourage parent involvement throughout our program with a variety of opportunities including the Parent Policy Council that partners with the agency's Board of Directors to establish program policies and guidelines.

## Information from our 2014-2015 Program Year

<b>Health Insurance for Children</b>	<b>At Enrollment</b>	<b>Total Number</b>	<b>% at End of Year</b>
With no insurance at end of program year	110	112	100%

<b>Health Insurance for Pregnant Women</b>	<b>At Enrollment</b>	<b>Total Number</b>
With no insurance at end of program year	18	19

<b>Medical Homes</b>	<b>At Enrollment</b>	<b>At End Program</b>	<b>% at End Year</b>
Number of Children with ongoing source of health care	108	112	100%

<b>Disabilities</b>	<b>IFSP/IEP</b>	<b>% at End of Year</b>
Number of children with IFSP	21	18.7%

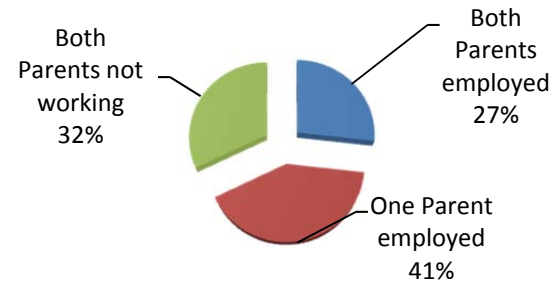
<b>Immunizations</b>	<b>At Enrollment</b>	<b>End of Program</b>	<b>% at End of Year</b>
Number of Children who are up-to-date on their health care	82	93	83%

<b>Dental Home</b>	<b>At Enrollment</b>	<b>At End of Program</b>
Number with Dental home	16	29

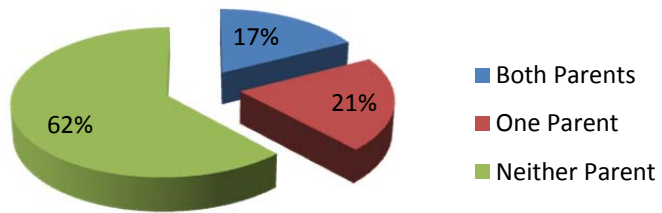
## Families



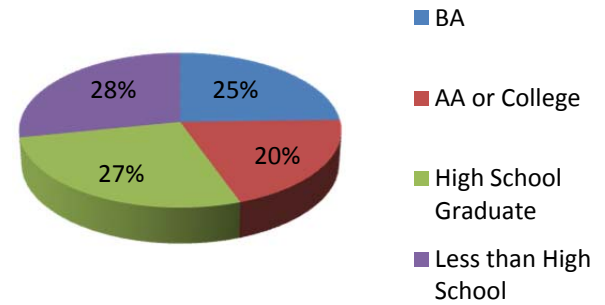
## Employment



## Job Training/School



## Parent Education





## **School-Readiness: Preparation for Pre-School and Beyond**

Lake Family Resource Center's Early Head Start Programs primary goal is to improve the overall developmental competence of the young children in our program. Thus, LFRC's EHS program has developed School Readiness Goals that are aligned with the Head Start Child Development and Early Learning Framework and the California Infant/Toddler Foundation.

Data for measuring each child's progress in meeting the School Readiness Goals comes from the following instruments: Creative Curriculum's Infants, Toddlers and Two's Curriculum, Creative Curriculum's Learning Games and Teaching Strategies GOLD Assessment Data. Additional data is obtained from Child Plus Reports, Parent Reports, Child Health and Disability Records.

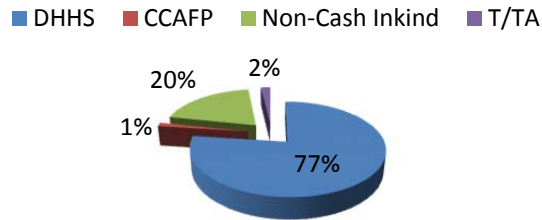
- School Readiness Goals are focused on five domains
  - Cognition and General Knowledge
  - Language and Literacy
  - Approaches to Learning
  - Social and Emotional Development
  - Physical Development and Health

The expectation is that our school readiness goals will improve the overall development competence in the children we serve and the data will indicate that when children leave Early Head Start, they will

- demonstrate improved health and development
- demonstrate improved social behavior and emotional well-being
- demonstrate improved positive approach toward learning
- demonstrate improved language and literacy development
- demonstrate improved cognition and general knowledge

# Lake Family Resource Center's Early Head Start Financials

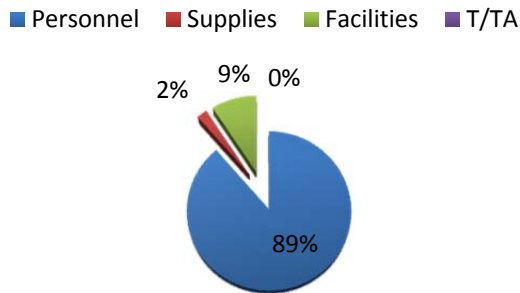
## Annual Funding May 2014 - April 2015



**Department of Health and Human Services-** \$939,062  
**USDA Childcare Food Program-** \$17,147  
**Non-Cash In-kind-** \$380,741

**Total Annual Funding-** \$1,336,950

## Annual Operating Costs May 2014 - April 2015

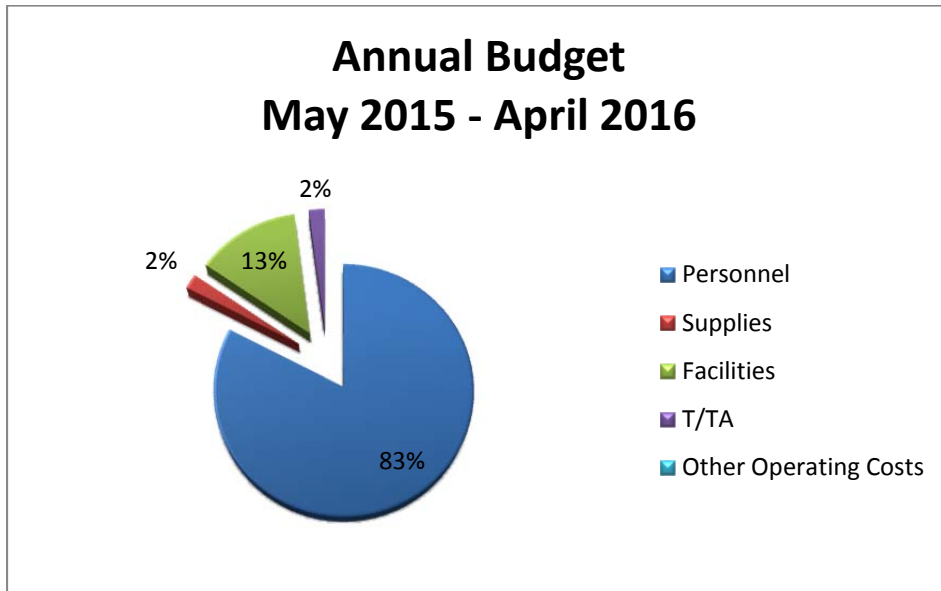


**Personnel Costs-** \$730,570  
**Training and Assistance-** \$22,617  
**Supplies-**\$15,373  
**Facilities-**\$94,089  
**Other Operating Costs-** \$328,326

**Total Annual Operating Costs-** \$1,336.950

## Financial Audit

We received our most recent financial audit from an independent auditor, Robertson and Associates, CPA's, indicating that Lake Family Resource Center's Early Head Start program complied with all requirements as described in U.S. Office of Management and Budget Circular A-133 for the period of July 1, 2014 thru June 30, 2015.



**Personnel Costs-** \$750,146  
**Training and Assistance-** \$22,617  
**Supplies-** \$16,734  
**Facilities-** \$95,714  
**Other Operating Costs-** \$288,617  
  
**Total Proposed Budget-** \$1,173,828